

5.1.1- A range of capability building and skill enhancement initiative are undertaken by the institute such as

5.1.1(1) CAREER AND PERSONAL COUNSELLING

The college's guidance and counseling department offers a healthful and favorable setting for the students' overall development. The counselor, teachers, and principal are working together on this. The following are some of the guidance and counseling services offered to the students.

- At the start of the school year, the cell gives orientation to the students about the institutional ideals, how the college operates, and the various technological resources and learning tools that are available.
- The cell hosts a variety of lectures for college B.Ed. & D.El.Ed. Students to enhance their overall personality and prepare them for the challenges of competing in the global market and adapting to new market paradigms.
- It arranges a range of training courses, such as ones on developing one's personality, boosting self-esteem, developing confidence, time management, and interpersonal skills for job interviews.
- It offers one-on-one career, vocational, and personal counseling to the students.
- The cell helps with their individual challenges, professional growth, and employment prospects. It also offers advice on how to show up for competitive exams.

Guidance and Counseling Cell

The aim of Guidance and Counseling cell is to provide comprehensive guidance programs and services that will equip students with necessary knowledge, attitude and skills to become mature and socially responsible individuals. It aims to promote a just and humane society.

The Guidance and Counseling Cell caters to diverse socio-economic challenges, specific emotional needs, psychological needs, also the social, and cultural barriers of the heterogeneous cluster of learners. Members of the Guidance and Counseling Cell provide individual counseling at the College as well as online Counseling Services. The counselors pay attention to each client compassionately and channel them to subsume with their tribulations through reflection and self-awareness. The cell guides the students of the College to enhance their overall personality and ensures that every student-teacher wears a smile on her face after the counseling session.

This is the motto of the Guidance & counseling cell which functions as a part of Student Support Service (SSS) for student retention. The cell nurtures students through different activities and allows students to cross hurdles in the academic year thereby marching smoothly towards success. Apart from this, it helps the students to overcome class, social, and cultural barriers to complete their college education. The Guidance and Counseling Committee is looked after by a teaching faculty. Apart from the main in charge the other faculty members take up specific roles in the activities conducted. The committee identifies students who require services on priority along with their areas of deficiency and suggests the improvement required. The students once identified, are given academic as well as personal counseling.

Guidance and Counseling Cell Aims

The Guidance and Counseling Cell was initiated with the aim of providing services to students and to journey with them in their lives by helping them build more resources within themselves,

remove barriers that hinder their growing potential and feel more equipped to find their way in the world.

OBJECTIVES

1. Nurturing through the remedial teaching program.
2. Mentoring through an individual counseling.
3. Provide various comprehensive psychological services to students and resolve their emotional, behavioral, academic, and social issues.
4. Apart from this, the ones who are financially weak are helped with the following activities:
 - a. Guiding for financial assistance from banks
 - b. Getting a scholarship for students through various organizations
5. Planning and implementing career guidance program in different school.
6. Organizing workshop in the area of-
 - a. Stress management
 - b. Emotional intelligence
 - c. Self-awareness
 - d. Learning disabilities
 - e. Offering counseling in the area of psychology and career guidance on request basis.
7. Psychological testing in areas of-
 - a) Aptitude
 - b) Intelligence
 - c) Interest
 - d) Stress and anxiety.

Functions

The Counseling Cell functions in co-ordination with the Placement Cell to unravel career steering connected issues. In association with the Physical Education Club, Yoga sessions are conducted for the mental well-being of our students every year. Apart from this, extensive services provided are: -

- Dealing with behavioral and emotional problems impacting the normal functioning of an individual
- Individual Counseling
- Help coping with challenging life circumstances
- Assessing through Psychological modes
- Identifying underlying reasons for behavioral, academic and emotional problems employing psychological testing
- Helping people to develop new ways of relating with one another
- Disseminating information on courses, careers, professions and specialized studies in India and abroad
- Conducting Workshops, Guest Lectures and Seminars on Soft Skills and other needed areas.


Principal
B. M. Teacher's Training College
Motihari •


Co-ordinator
Guidance, Counselling & Placement Cell
B.M.C.E., Motihari




Faculty member guidance to student how to prepare CTET, BTET, STET, EXAMINATION. 23/11/2022



Guidance By faculty to student how to preparation CTET, STET, BPSC Gov. job.18/03/2023


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